Lecture One

THE BIOLOGY OF AGING: YOU CAN'T THINK CRITICALLY ABOUT NOTHING

David J. Waters, DVM, PhD

Objectives: To understand critical issues in the biology of aging, and how these concepts impact the goal of extending healthy longevity in pets and people

Summary: It is an unfortunate fact that no veterinarian receives training in the biology of aging as part of their DVM curriculum. As a result, the profession is ill-equipped to constructively debate the pros and cons of new advances in anti-aging medicine. This lecture will provide an informative overview of critical issues in the biology of aging that are expected to impact the goal of extending the healthy longevity of pets and people during the next decade.

References

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- 2. Waters DJ, Kariuki NM. The Biology of Successful Aging: Watchful Progress at Biogerontology's Known-Unknown Interface. *Gerontology: Perspectives and Issues*. Ed. Wilmoth and Ferraro, New York: Springer Publishing Co., 2013.
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