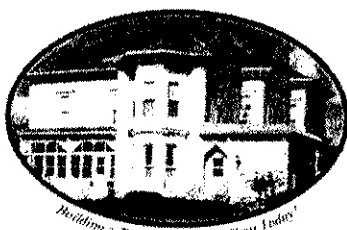


Parke County Community Foundation, Inc.

115 N. Market Street
PO Box 276
Rockville, IN 47872

Phone: (765) 569-7223
Fax: (765) 569-5383
email: parkeccf@yahoo.com



BOARD OF DIRECTORS

OFFICERS:

John T. Jukes
Chair

Janie Pound
Vice Chair

Jessica M. Harney-Lynk
Secretary

Alex B. Milligan
Treasurer

DIRECTORS:

Phillip Adams
Miriam Blane
Judy Brook
Adrene Brown
Tim Clary
Steve Cvengros
Margaret Kemper
Keith McIntyre
Sharon Meschen
Larry Rickett
Marilyn Rode
John Stutler

EXECUTIVE DIRECTOR:

Brad C. Bumgardner

ASSOCIATE DIRECTOR:

Tracy L. Nickle

SECRETARY/RECEPTIONIST

Marcia L. Akers

- NEWS -
For Immediate Release

January 29, 2007

"HEALTH MATTERS" Town Meeting

Rockville, IN – The community is invited to attend a town meeting on Tuesday, February 6, 2007 beginning at 7:00 p.m. at Mario Brothers Mexican Restaurant, US Hwy 41, Rockville. During this meeting, attendees will get a chance to take a close look at recent research suggesting that mental workouts can slow the age-related decline in brain performance. The February 6 gathering represents the 5th in a series of town meetings on understanding how lifestyle affects health presented by Dr. David J. Waters. Dr. Waters is Professor and Associate Director of Purdue's Center on Aging and The Life Course and Director of the Gerald P. Murphy Cancer Foundation in West Lafayette.

The goal of the "Health Matters" town meetings is to better inform citizens of Parke County about progress in health-related research. This idea developed because Dr. Waters recognized that news releases on health-related research are often miscommunicated to the public and the findings are very difficult for non-scientists to interpret. Town meetings are intended to provide an opportunity to address the questions: "What does all this new knowledge mean to my health?" and "Did I get the whole story?"

The first meeting gave attendees a perspective on the communication gap between medical researchers and the public. At the second meeting, Dr. Waters offered an approach for people to use in order to get the most out of reading health-related news articles. The subsequent meetings have been used to discuss the scientific research behind some recent health-related news articles.

All town meetings and health discussions are supported by the Hays Family Fund of the Parke County Community Foundation.

Contact: Brad C. Bumgardner
Executive Director
(765) 569-7223